

***10 Minute Rule:** If you are more than 10 minutes late to class, you may only observe class. Thank you.



ELITE fitness
TAEKWONDO

www.EliteFitnessTkd.com

(949) 387-7225

Lshim@eftkd.com

4213 Campus Dr. Ste. P166C

Irvine, CA 92612

3.5 to 5 years (little Cubs)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White, Orange, Yellow	3:30 - 4pm	6- 6:30pm	5 - 5:30pm			9:30-10am

***BBC & Black classes:** Students must bring their SPARRING & WEAPONS to every class.

Children 5-12yrs (tigers)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White, Orange, Yellow	4:45-5:30	3:30-4:15 or 6:30-7:15	5:30-6:15	4:15-5 or 6:30-7:15	3:30-4:15	White, Orange, Yellow @ 10 –10:45am
*BBC Yellow, Low & High Green	4:00-4:45	4:30-5:15 or 6:30-7:15	3:30-4:15 or 6:30-7:15	5-5:45 or 6:30-7:15	4:15-5:00 or 6:45-7:30	Low & High Green, Purple, Blue (*BBC) @ 10:45 - 11:30am
*BBC Purple to Blue Stripe	4:00-4:45	4:30-5:15 or 7:15 -8:00	3:30-4:15 or 6:30-7:15	5-5:45 or 7:15-8	4:15-5:00 or 6:45-7:30	
*BBC Brown, Red, R/B, Black	5:45-6:30	5:15-6 or 7:15-8	4:15-5 or 6:30-7:15	3:30-4:15 or 7:15-8	4:15-5:00 or *6:45-7:30	Brown, Red, Black (*BBC) @ 11:30am - 12:15pm

Adult, Teens, & Family	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White, Orange, Yellow		6:30-7:15	5:30-6:15	6:30-7:15		White, Orange, Yellow @ 10 –10:45am
(*BBC) Yellow, Low & High Green		6:30-7:15	* 6:30-7:15	6:30-7:15	*6:45-7:30	Low & High Green, Purple, Blue (*BBC) @ 10:45 - 11:30am
(*BBC) Purple, Blue, Red, R/B, Black		*7:15-8	*6:30-7:15	*7:15-8	*6:45-7:30	
*BLACK only	*6:30-7:15			*5:45-6:30	5-5:30 *5:30 - 6:15	Brown, Red, Black (*BBC) @ 11:30am - 12:15pm
Adults/Teens 12yrs+ (all belts)	7:15-8pm		7:15-8pm			

Other Classes/Programs	
RED/BLACK Test Prep Class - Prepares red/black students for black belt testing. Mandatory.	Fridays @ 6:15-6:45
Black Belt Test Prep – Prepares black belts for their testing.	Fridays @ 5-5:30
PRIVATE LESSONS - Private or semi private lessons available.	See Office

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2018 Color Belt Test Schedule *NO classes on test dates
Friday, March 2-3
Friday, April 27-28
Friday, June 22-23
Friday, August 17-18
Friday, October 12-13
Friday, December 8-9

2018 CLOSED DATES
• President's Day - Feb. 19
• Memorial Weekend - May 26 & 28
• Independence Day - July 4
• Labor Day Weekend. - Sept 1 & 3
• Thanksgiving - November 22-24
• Winter Break - Dec. 24-Jan. 2

Let us host your child's next Birthday Party!



Black Belt Test Schedule *Regular class schedule
October 13, 2018 (Sat.)
March 23, 2019 (Sat.)
June 8, 2019 (Sat.)

STUDENT CREED
1. I will obey my parents
2. I will clean my room
3. I will wear my seat belt
4. I will brush my teeth
5. I will always use good manners

Special Event Dates
 Family Picnic Day! Saturday, October 20

Students are expected to:

1. Arrive 5-10 minutes prior to scheduled class.
2. If you are more than 10 minutes late you can only observe class.
3. Sign in at the kiosk before class.
4. Keep uniform clean & neat. Only school uniform or school t-shirt with uniform pants are allowed in class.
5. Quietly sit and wait for their class. (do not disturb the class in session)
6. Always show respect to instructors and students.
7. Always show good manners and behave properly.
8. Attend class consistently each week. Students who miss too many classes will not be eligible to test.
9. Practice at home for better results.
10. Make arrangements in the office for makeup class
11. Memorize & apply Student Creed
12. Have fingernails cut and trimmed.
13. **Test Eligibility - Minimum of 13 classes & belt curriculum.**
*see manual for details.

OTHER LOCATIONS ~ www.ildotkd.com

IL-DO Taekwondo Assoc. 14220 Culver Dr. Ste. D, Irvine (949) 551-1800	Elite Fitness Taekwondo - Woodbury 6254 Irvine Blvd, Irvine (949) 387-9888
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